

# Virtual Motivational Interviewing Training

Workshop: December 9th & 10th | 9am – 1:30pm & January 6th and 7th | 9am – 1:30pm

Booster Sessions: January 27th & February 17th | 10am-12pm

## Workshop Description:

This intensive MI Learning Series is designed for all levels of behavioral health practitioners. Participants will receive four days of interactive virtual trainings, followed by two booster sessions. This virtual four-part Motivational Interviewing (MI) basic to intermediate training opportunity provides social service, medical and behavioral health professionals with evidence-based methods for creating a person-centered approach to service delivery. MI is especially useful for partnering with patients and clients to enhance motivation and promote healthy behavior changes.

In this 20-hour live virtual series, we will cover the foundational practices of Motivational Interviewing. Through the use of presentations, videos, highly interactive exercises and demonstrations, the trainers will guide participants in learning the technique, style and spirit of MI. Participants will be given many opportunities to observe, practice, receive feedback and interact with trainers and peers.

## Course Objectives:

1. Learn and practice the spirit, processes, and skills of Motivational Interviewing;
2. Learn and practice strategies for eliciting and responding to change talk;
3. Practice using Motivational Interviewing skills to improve engagement, identify a clear focus, enhance motivation and help clients develop change plans.

**Free to register. 20 CEs available for this training**

**To receive CEs, participants must attend MI Part 1, Part 2, and at least 1 of the 2 Booster Sessions**

[REGISTER HERE](#)

## About the trainer

**Denna Vandersloot, M.Ed.**, is the Co-Director of the Northwest Addiction Technology Transfer Center. Her career in the addictions field has involved helping individuals and organizations initiate change using evidence-based strategies. She is a member of the Motivational Interviewing Network of Trainers (MINT) and has provided training and consultation on implementing MI for the past 18 years in the fields of healthcare, corrections, mental health and substance use disorder treatment.



**Mitch Doig, CADC II**, is a Technology Transfer Specialist at the Northwest Addiction Technology Transfer Center. He is a certified drug and alcohol counselor in the state of Oregon where he has been practicing SUD counseling for over a decade. He provides training and consultation for a variety of practices and frameworks including Motivational Interviewing, Trauma Informed Care, clinical supervision, SUD systems of care, and Mental Health First Aid. Prior to coming to the Northwest ATTC, he served the community in various capacities encompassing organizational leadership, supervisory, and direct care roles across the adolescent and adult continuums of care.



**Questions?** Contact us at: [northwest@attcnetwork.org](mailto:northwest@attcnetwork.org) <http://attcnetwork.org/northwest>



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